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Climbing the frozen waterfalls of Lahaul & Spiti · Himachal Pradesh, India

Course Dates — 2026–27

Batch	Dates	Level	Fee
Batch 1	Dec 25–31, 2026	Beginner	**₹62,000**
Batch 2	Jan 8–14, 2027	Beginner	**₹62,000**

Duration	Group Size	Altitude	Course Fee
7 Days	12	3,800 m	₹62,000

A 7-day immersive ice climbing course on the spectacular frozen waterfalls of Lahaul & Spiti. Whether you are a complete beginner, hiker, mountaineer or adventurer — if you want to experience the raw core of winter, this is for you. Taught by seasoned instructors, limited to 12 participants.

INCLUDED

- 7 nights homestay (twin/triple sharing)
- All meals — breakfast, packed lunch & dinner
- Inland transport during the course
- Ice axes, crampons, harness, helmet, ropes
- Mountaineering boots
- Guiding fees

NOT INCLUDED

- Travel to/from Kaza
- Personal clothing & snacks
- Food outside provided meals

7-Day Course Schedule

Day	Activities
Day 1 — Arrival	Course briefing, gear allotment. Meet your instructors and fellow climbers. Orientation walk.
Day 2	Clothing & layering systems, equipment use & care. Acclimatisation hike at altitude.
Day 3	Belaying — the fundamental safety skill. Introduction to ice: first time on a frozen waterfall.
Day 4	Top roping and footwork. Learn to read ice, place your feet and move efficiently on the wall.
Day 5	Ice anchors, screw placement, V-threads — the skills that make a complete ice climber.
Day 6	Lead climbing, rappelling and advanced anchors. Push your limits on technical ice.
Day 7 — Departure	Short final session. Gear sorting, farewell dinner, certificate presentation and departure.

Venue & Accommodation

Sakya Abode, Kaza — the foremost homestay in Kaza, run by Tsering Bodh. Twin/triple sharing rooms with electric blankets and a heated dining area. Breakfast and dinner served hot; packed lunches to the crag. Unlimited chai.

Kaza is at 3,800 m in Spiti Valley — temperatures 0°C to −25°C in winter. Climbing areas are 1–2 hours by road. Accessible year-round from Shimla.

Personal Kit to Bring

All climbing gear (ice axes, crampons, harness, helmet, ropes) and **mountaineering boots** are included. Bring the following personal items:

Item	Notes
Base layers	Thermal top & bottom — wool or synthetic (NOT cotton)
Mid layer	Fleece or softshell jacket
Down jacket	Warm down or synthetic insulation jacket
Shell	Waterproof outer jacket and waterproof trousers
Gloves	Two pairs — thin liner gloves + thick outer mitts
Head	Balaclava or warm hat, buff/neck gaiter
Eyes	UV-protective sunglasses (essential at 3,800 m)
Sunscreen	SPF 50+ — UV is very intense at altitude
Day pack	20–30 litre pack for water, lunch, extra layers
Medications	Personal meds + basic first aid. Diamox recommended for altitude.

How to Book

1

Pay the advance

Transfer ₹15,000 (non-refundable) via bank transfer to confirm your spot (details on next page). Seats are limited to 12 and fill quickly.

2

Fill the registration form

Complete all fields at pitidharr.com/register — emergency contacts, medical history, experience level.

3

Receive confirmation

You'll hear from us within 24 hours with your booking confirmation and a pre-course information pack.

4

Pay the balance

Transfer the remaining ₹47,000 no later than 30 days before your course start date to complete your booking.

5

Receive packing checklist

We'll send a detailed packing checklist and final logistics 2 weeks before your course start date.

Payment Details

Bank Transfer
Himalayan Climbing Initiative Foundation

Account No.
50200058534300

IFSC
HDFC0009238

Branch
HDFC Bank, Noida Sector 135

Account Type
Current Account

Register Online
pitidharr.com/register

Get in Touch

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On the ice wall, Kaza

HOD — Himalayan Outdoor Development is a community initiative for climbing in the Indian Himalayas. Piti Dharr is India's premier ice climbing festival and training programme — bringing together experienced and beginner climbers on frozen Himalayan waterfalls since 2017. Our mission: grow a culture of ice climbing in India through mentorship, community and adventure.

The Instructors

Bharat Bhushan	Prerna Dangi	Anil Belwal	Vivek Mehta
Instructor & Founder	Instructor & Co-founder	Technical Head	Instructor & Gear
@climberbharat	@thepahadigirl	@climbertony	@broken.brain

Piti Dharr is run under the aegis of HOD (Himalayan Outdoor Development), a not-for-profit initiative headquartered in Lahaul & Spiti, Himachal Pradesh.